

# LIFESTYLE JUNE 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	 <b>MAH JONGG CLASSES</b> Beginning June 10					1
2	3	4	5	6	<b>HAPPY HOUR</b> 5:30 -7:30PM <b>GATHERING ROOMS 1 &amp; 2</b> 	8
 <b>"LITTLE SHOP OF HORRORS"</b> Lunch 11:30AM Show - 1PM	10	 <b>VOLUNTEER</b> <b>LIFESTYLE ACTIVITIES ADVISORY GROUP</b> 3pm	12	 <b>Doors Open</b> 6:15 PM Play @ 7PM	14	15
16	17	 <b>NEW OWNER ORIENTATION</b> 2PM	 <b>International Festival</b> Tour Around the World <b>International Appetizer Party</b> 5:30PM	 <b>Coffee &amp; Conversation</b> <b>"BULLYING WITHIN SENIOR COMMUNITIES" &amp; NEIGHBORHOOD WATCH</b> 9AM	21	22
23	<b>WINE GLASS PAINTING WORKSHOP</b> 3PM 	25	26	27	 <b>Dinner with Friends</b> 6:30PM 5323 Airport Pulling Road N.	29
30		See June's Newsletter or visit <a href="http://www.tidewaterbydw.com">www.tidewaterbydw.com</a> for more about our Lifestyle Program			<b>MORE LIFESTYLE ON BACK</b> 	

# Tidewater

by Del Webb®



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Walk Away The Pounds 7:15am *		Walk Away The Pounds 7:15am *		Walk Away The Pounds 7:15am *	
Water Aerobics 9:00am		Water Aerobics 9:00am		Water Aerobics 9:00am	
	Pilates 10:30am		Pilates 10:30am		Yoga For Body, Mind & Spirit 9:30am
		DVD Zumba 10:30am	Meditation Moai Every First Thurs 4pm		
PERSONAL TRAINING— Phil Tomeo (215-429-7802) YOGA PERSONAL TRAINING— Bob Newman (239-404-9744)					
* NO CLASS JUNE 3-21 RESUMES JUNE 24					

RECURRING SCHEDULE				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CANASTA 1pm	BRIDGE 1pm	MAH JONGG 1pm	BRIDGE 1pm	RUMMIKUB 1pm
EUCHRE Every Third Monday 6:30pm	LIFESTYLE ACTIVITIES ADVISORY COMMITTEE Every 2nd Tuesday 3:30pm			
	HAND AND FOOT 6:30pm			
COMMUNITY INFORMATION				
Amenities Center Hours: 5:00am to 10:00pm— 7 Days per week				
FirstService Residential After Hours: 1-800-870-0010				
Home Owners Association: 8:30am to 5:00pm— Monday to Friday (239-949-0340)				
Sales Center: 10:00am to 6:00pm — Monday to Saturday & Sunday 12pm to 6pm (239-390-246)				